(FILE 'HOME' ENTERED AT 11:40:05 ON 01 DEC 2000)

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FILE 'CAPLUS' ENTERED AT 11:40:14 ON 01 DEC 2000
Ll
          11314 SEA SAPONIN OR SAPONINS\
L2
             47 SEA L1 AND (NITRIC OXIDE)
                D 1-
                D 43 IALL
L3
             19 SEA L1 AND (MUSCLE OR MUSCLES) AND (MASS OR GROWTH)
                D 1-
                D 19 IALL
                D 18 IALL
L4
            544 SEA L1 AND (MUSCLE OR MUSCLES)
L5
             38 SEA L4 AND GINSENG
               D 1-
                D 19 IALL
                D 6
                D IALL
                D 6 IALL
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(FILE 'HOME' ENTERED AT 06:45:10 ON 01 DEC 2000)

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FILE 'REGISTRY' ENTERED AT 06:45:17 ON 01 DEC 2000
L1
               O SEA ACETYL CYSTEINE/CN
L2
               1 SEA ACETYLCYSTEINE/CN
L3
               1 SEA MYOINOSITOL/CN
L4
               0 SEA CISINOSTITOL
L5
               0 SEA CISINOSITOL/CN
L6
               0 SEA CIS INOSITOL/CN
L7
               2 SEA INOSITOL/CN
                 D 1-
L8
           20016 SEA INOSITOL
L9
           18572 SEA L8 AND (MYO OR CIS OR EPI OR ALLO OR MUCO OR NEO OR
SCYLLO
                 OR CHIRO)
L10
           18019 SEA L8 (A) (MYO OR CIS OR EPI OR ALLO OR MUCO OR NEO OR
SCYLLO
                 OR CHIRO)
                D
L11
             349 SEA CIS INOSITOL
L12
              O SEA CIS INOSITOL/CN
L13
              1 SEA CIS-INOSITOL/CN
              1 SEA EPI-INOSITOL/CN
L14
L15
              1 SEA ALLO-INOSITOL/CN
L16
              1 SEA MUCO-INOSITOL/CN
L17
              1 SEA NEO-INOSITOL/CN
L18
              0 SEA SCYLLO-INOSITOL/CNN
L19
              1 SEA SCYLLO-INOSITOL/CN
L20
              1 SEA D-CHIRO-INOSITOL/CN
L21
              1 SEA L-CHIRO-INOSITOL/CN
L22
              1 SEA D-PINITOL/CN
L23
              0 SEA GINSENG/CN
L24
             40 SEA GINSENG
                D 40
                D 1
L25
              1 SEA L-ARGININE/CN
                D
L26
              1 SEA FOLIC ACID/CN
L27
              1 SEA GLUCOMANNAN/CN
L*** DEL
            148 S LACTO AND FERRIN
                D
                D 148
L*** DEL
              0 S LACTO! FERRIN
L*** DEL
              0 S LACTO!!FERRIN
L*** DEL
              0 S LACTO!!!FERRIN
L*** DEL
              0 S LACTO!!!!EERRIN
L*** DEL
              0 S LACTO!!!!!FERRIN
L*** DEL
              0 S LACTO!!!!!!FERRIN
L*** DEL
              0 S LACTO!!!!!!!FERRIN
L*** DEL
              0 S LACTO!!!!!!!FERRIN
L*** DEL
            148 S LACTO? (A) FERRIN
                D 147
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FILE 'CAPLUS' ENTERED AT 06:54:29 ON 01 DEC 2000

```
L*** DEL
               1 S LACTO! FERRIN
                 D
                 D KWI
 L*** DEL
               0 S LACTO!!FERRIN
 L*** DEL
               0 S LACTO!!!FERRIN
 L*** DEL
               0 S LACTO!!!!FERRIN
 L*** DEL
             147 S LACTO!!!!!FERRIN
 L*** DEL
               0 S LACTO!!!!!!FERRIN
 L*** DEL
               0 S LACTO!!!!!!!FERRIN
 L*** DEL
               0 S LACTO? (W) FERRIN
      FILE 'ADISALERTS, ADISINSIGHT, AIDSLINE, AQUASCI, BIOBUSINESS,
      BIOCOMMERCE, BIOSIS, BIOTECHNO, CANCERLIT, CAPLUS, CBNB, CEN, CHEMLIST,
      CIN, CONFSCI, CSNB, EMBAL, EMBASE, ENERGY, ESBIOBASE, FOMAD, FOREGE,
      FROSTI, HEALSAFE, HSDB, IFIPAT, IPA, JICST-EPLUS, ...' ENTERED AT
      06:55:50 ON 01 DEC 2000
 L*** DEL
               0 S LACTO!!!!!!!FERRIN
 L*** DEL
               0 S LACTO!!!!!!!FERRIN
 L*** DEL
               1 S LACTO!!!!!!FERRIN
                 D
 L*** DEL
             970 S LACTOTRANSFERRIN
                 D 970
L*** DEL
               1 S LACTOTRANSFERRIN AND LACTULOSE
                 D
                 D IALL
      FILE 'CAPLUS' ENTERED AT 06:59:09 ON 01 DEC 2000
             625 S GLYCOSID? (5A) SAPONIN?\
                 D 625 KWIC
L*** DEL
            9156 S SAPONIN
           11332 SEA GLYCOSID? (5A) SAPONIN? OR SAPONIN?
L29
           52503 SEA L28 OR GINSENG OR L25 OR L2 OR L26
L30
           18441 SEA L29 AND (AMINO ACID OR AMINO ACIDS OR WHEY)
L31
             102 SEA L30 AND (MUSCLE OR MUSCLES) AND (MASS OR GROWTH)
                 D 1-
                 D 012 KWIC
                 D 102 KWIC
L32
              35 SEA L31 AND (NITROGEN OR INSULIN OR NITRIC OXIDE)
                 D 1-
                 D 31 KWIC
                 D 31 IALL
                 D 11 IALL
L33
            168 SEA L30 AND (NITROGEN OR INSULIN OR NITRIC OXIDE) AND (MUSCLE
                 OR MUSCLES)
L34
              O SEA L33 AND (ATHLETE OR ATHLETES)
L35
            133 SEA L33 NOT L32
L36
             20 SEA L35 AND (NUTRIENT OR NUTRIENTS OR NUTRITION? OR
SUPPLEMENT
                OR SUPPLEMENTS)
                D 1-
                D 4 IALL
                D 2 IALL
                D 1
L37
            113 SEA L35 NOT (L32 OR L36)
                D 1-
                D 109 TALL
L38
            774 SEA L30 AND (MUSCLE OR MUSCLES)
L39
              O SEA L38 AND ATHLETE
L40
              3 SEA L38 AND ATHLETES
                D 1-
                D 3 IALL
                D 1 IALL
L41
            168 SEA L38 AND (NITROGEN OR INSULIN OR NITRIC OXIDE)
L42
            113 SEA L35 NOT (L32 OR L36)
                D 1-
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L43
               17 SEA L38 AND (NUTRIENT OR NUTRIENTS OR NUTRITION? OR DIET OR
                          AND (SUPPLEMENT OR SUPPLEMENTS
                  D 1-
                  D 17 IALL
                  D 10 IALL
                  D 9 KWIC
                  D 9 IALL
                  D 3 IALL
                  D 8 IALL
 L44
            5749 SEA L1 OR L3 OR L13 OR L14 OR L15 OR L16 OR L17 OR L19 OR L20
                  OR L21 OR L22
 L45
             9572 SEA L2 OR L3 OR L13 OR L14 OR L15 OR L16 OR L17 OR L19 OR L20
                  OR L21 OR L22
 L46
               20 SEA L45 AND (MUSCLE OR MUSCLES) AND INSULIN
                  D 1-
                  D 1-
                  D 20 IALL
                  D 20 IALL HITSTR
                  D 19 IALL
                  D 1 IALL
 L47
              223 SEA L45 AND INSULIN
 L48
                3 SEA L47 AND (NUTRIENT OR NUTRIENTS OR NUTRITION? OR DIET OR
                  DIETARY) AND (SUPPLEMENT OR SUPPLEMENTS)
                  D 3 IALL
                  D 2 IALL
                  D 3
 L49
             243 SEA L45 AND (MUSCLE OR MUSCLES)
 L50
               20 SEA L49 AND GROWTH
                  D 1-
                  D 19 IALL
                  D 19 IALL HITSTR
 L51
               11 SEA L49 AND MASS
                  D 1-
                  D 6 IALL
                  D IALL HITSTR
 L52
                O SEA L27 AND (MUSCLE OR MUSCLES) AND INSULIN
 L53
                5 SEA L27 AND INSULIN
                  D 1-
                  D 4 IALL
                  D 3 IALL
                  D 2 IALL
                  D 1 IALL
 L54
                3 SEA L27 AND (MUSCLE OR MUSCLES)
                 D 1-
 L55
             165 SEA L29 AND WHEY
 L56
              15 SEA L55 AND (NUTRIENT OR NUTRIENTS OR NUTRITION? OR DIET OR
                 DIETARY) AND (SUPPLEMENT OR SUPPLEMENTS)
                 D 1-
                 D 14 KWIC
                 D 15 IALL
                 D 14 IALL
                 D 1- IALL HITSTR
 L57
               O SEA SAPONIN? AND L3 AND L20 AND L27 AND (AMINO ACID OR AMINO
                 ACIDS OR WHEY)
      FILE 'EMBASE, BIOSIS, EUROPATFULL, JAPIO, ADISALERTS, ADISINSIGHT,
      AIDSLINE, BABS, BIOBUSINESS, BIOCOMMERCE, BIOTECHNO, CANCERLIT, CAPLUS,
      CBNB, CEN, CIN, CONFSCI, DGENE, DIOGENES, DRUGB, DRUGLAUNCH, DRUGMONOG2,
      DRUGNL, DRUGU, EMBAL, ESBIOBASE, IFIPAT, ...' ENTERED AT 08:17:08 ON 01
      DEC 2000
 L58
               O SEA SAPONIN? AND (INOSITOL OR INOSITOLS OR MYOINOSITOL OR
                 CHIROINOSITOL) AND (GLUCOMANNAN OR GLUCO MANNAN OR
 GLUCANMANNAN
                  OR GLUCAN MANNAN OR KONJAC OR KONJAK) AND WHEY
 L59
               O SEA SAPONIN? AND (INOSITOL OR INOSITOLS OR MYOINOSITOL OR
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GLUCANMANNAN	CHIROINOSITOL) AND (GLUCOMANNAN OR GLUCO MANNAN OR
GLUCANMANNAN	OR GI AN MANNAN OR KONJAC OR KONJAK) D (AMINO ACID OR
7.60	AMINO ACIDS)
L60 0	SEA SAPONIN? AND (INOSIT? OR MYOINOSIT? OR CHIROINOSIT?) AND
	(GLUCOMANNAN OR GLUCO MANNAN OR GLUCANMANNAN OR GLUCAN MANNAN
	OR KONJAC OR KONJAK) AND (AMINO ACID OR AMINO ACIDS OR WHEY)
L61 2179	SEA SAPONIN? AND (INOSIT? OR MYOINOSIT? OR CHIROINOSIT?)
L62 0	SEA SAPONIN? AND (INOSIT? OR MYOINOSIT? OR CHIROINOSIT?) AND
	(GLUCOMANNAN OR GLUCO MANNAN OR GLUCANMANNAN OR GLUCAN MANNAN
	OR KONJAC OR KONJAK)
L63 45	SEA (INOSIT? OR MYOINOSIT? OR CHIROINOSIT?) AND (GLUCOMANNAN
	OR GLUCO MANNAN OR GLUCANMANNAN OR GLUCAN MANNAN OR KONJAC OR
	KONJAK)
T.C.4	,
L64 40	DUP REM L63 (5 DUPLICATES REMOVED)

D 1-